## **Breakfast** Dinner Lunch Saturday Regular **Saturday** Regular **Saturday** Regular Please CIRCLE Your Selection Please CIRCLE Your Selection Please CIRCLE Your Selection Items marked with a \* will be served if no selection is made Items marked with a \* will be served if no selection is made Items marked with a \* will be served if no selection is made Juice & Fruit Entrées **Entrées** \*Orange Juice **Applesauce** \*Ditalini and Meatballs \*Pot Roast Cranberry Juice \*Banana Italian meatballs served on ditalini pasta with marinara sauce Beef pot roast served with vegetables and gravy Lemon Grilled Breast of Chicken Chicken Enchiladas Apple Juice Grilled breast of chicken marinated in lemon juice, basil, and garlic Chicken enchiladas in red sauce Cereals Tuna Salad on Multi Grain Bread Tuna Salad on Multi Grain Bread \*Cream of Wheat® Oatmeal Tuna salad with celery and light mayonnaise on multigrain bread Tuna salad with celery and light mayonnaise on multigrain bread **Vegetables & Starch Vegetables & Starch** Cheerios® All Bran® Corn Flakes® \*Zucchini Rice Krispies® Raisin Bran® \*Broccoli Florets Mashed Potatoes \*Herb Roasted Potatoes Diced Carrots Rice Pilaf Green Beans Spanish Rice **Entrées & Sides Soups & Side Salads** Soups & Side Salads \*Cheese Omelet Low Cholesterol Scrambled Eggs \*Italian Dressing Italian Dressing \*Mixed Green Salad Mixed Green Salad Diet Italian Dressing Tomato Soup Diet Italian Dressing Tomato Soup Chicken Noodle Soup Chicken Noodle Soup Saltine Crackers Saltine Crackers \*Home Fried Potatoes **Unsalted Crackers Unsalted Crackers** \*Bacon Slices **Breads** Breads \*Wheat Dinner Roll White Dinner Roll Wheat Dinner Roll White Dinner Roll **Breads Desserts & Fruits Desserts & Fruits** WW English Muffin **English Muffin** Chocolate Brownie \*Fresh Fruit in Season \*Butter Sugar Cookie Fresh Fruit in Season Chocolate Pudding Vanilla Pudding **Diced Pears Diced Peaches Beverages Beverages Beverages** \*Coffee Spring Water Decaf Coffee Coffee Decaf Coffee Spring Water Coffee \*Decaf Coffee Hot Tea Decaf Hot Tea Hot Tea Decaf Hot Tea Diet Lemonade Hot Tea Decaf Hot Tea Diet Lemonade \*2% Milk 2% Milk \*2% Milk Fat Free Milk Fat Free Milk Lemonade Fat Free Milk Lemonade Lowfat Chocolate Milk Unsweetened Iced Tea Soy Milk Ginger Ale \*Unsweetened Iced Tea Ginger Ale **Condiments Condiments Condiments** \*Sugar \*Salt \*Sugar \*Smart Balance \*Salt \*Smart Balance \*Salt \*Sugar \*Smart Balance \*Black Penner Sugar Sub \*Non-Dairy Creamer \*Black Pepper Non-Dairy Creamer Sugar Sub \*Non-Dairy Creamer \*Black Penner Sugar Sub Herb Seasoning Herb Seasoning Herb Seasoning Name: Name: Name: Room: Room: Room: DOB: DOB: **Diet Order: Diet Order:** Diet Order: